

It's a Very Merry "Un-Birthday"

March 16th & 18th

Did your child miss their birthday this past year? Just want to do something fun during March Break?

This March Break will look a little different this year. Due to the past year and current restrictions, we have decided to forgo camp this March Break and we will be offering various time slots to book an "Un-Birthday" party for your child.

Here's how it works...

- Choose your time slot below
- Send out your invitations (*Children must be 5 years old to attend*)
- Fill out the form below
- Provide payment and form to GymNation along with numbers attending
- Provide a list of all attendees on the day of the party
- Show up and have fun!

Today is my



UNBIRTHDAY!

"Un-Birthday"

Party Option 1

1 hr & 45mins

Tuesday and Thursday

1:00 - 2:45

3:00 - 4:45

This option provides a coach, 45 mins in the party room, washable GymNation tattoos for all parties, and birthday supplies

"Un-Birthday"

Party Option 2:

1 hour in the gym

Tuesday and Thursday

10:00am - 11:00am

11:30am - 12:30pm

This option allows a full coach led fun gymnastics and trampoline class with a GymNation washable tattoo for all attendees

Un-Birthday

Party prices:

1hr. & 45mins (Gym & party room)



Current members

\$120 + hst **25% off**

Non-members

\$150 + hst

1 hour party (Gym only)

\$ 75 + hst

All members and non-members

We supply the coach, napkins, plates, utensils, table cloths and the party room. you can bring in your own food. Water bottles can be purchased for \$1.00 a bottle or you may bring in your own. You can bring in your own food or add a large pizza and juice boxes for \$15 + hst or \$30 for 2 large pizzas and juice boxes.

Due to restrictions, only the birthday party parents are permitted to attend and all children must be at least 5 years old to attend. Please view our COVID rules on our website.

It's a Very Merry "Un-Birthday"

Tues & Thurs March 16th & 18th

"Un-Birthday Party Form – A \$50 non-refundable deposit is required to book.

Child's Name _____ Age _____

Today is my

Parent/Guardian 1 Full Name _____

Phone _____ Email: _____

Parent/Guardian 2 Full Name _____

Phone _____ Email: _____

Date of Party _____ **Time:** _____

Number of children attending: _____



UNBIRTHDAY!

I am the parent or legal guardian of _____ (name of child). I acknowledge that Jump To It Trampoline and Tumbling and GymNation Gymnastics is operating out of GymNation Gymnastics, 32 Park Rd. Unit #3. Elmsdale, N.S. for the purpose of gymnastics and trampoline activities. I agree to my child participating in the gymnastics, party, camp and/ or trampoline activities being carried out under the supervision of the GymNation Gymnastics in the aforementioned facility. I understand and confirm that the GymNation Gymnastics and Jump To It Trampoline shall have no responsibility or liability should any loss or injury be suffered by my son or daughter while participating in such gymnastics, party, camp and/or trampoline activities, to be carried out under the supervision of GymNation Gymnastics and Jump To It Trampoline staff, In return for the GymNation Gymnastics permitting the use of the facility during the season specified on the registration form or date specified on the birthday party invitation, which license also includes permitting members of the GymNation Gymnastics or Jump To It Trampoline (of which my son or daughter is a member or invited guest) to use the facility, I HEREBY FOREVER RELEASE AND DISCHARGE the GymNation Gymnastics and Jump To It Trampoline staff and officers, including their respective board members, officers, employees, agents, and successors from and against all manner of claims, demands, actions suits, legal proceedings or damages which I or my child, or both, may have any loss or injury which may arise out of which is in any way related to my child's participating in the gymnastics or trampoline activities referred above.

Date _____ Signature of Parent or Guardian _____

Date _____ Signature of Parent or Guardian _____

MEDIA WAIVER (Optional) GymNation Gymnastics and Jump To It Trampoline has my permission to use my child's photograph, video and audio recordings, likeness, artwork, profile and/or story on their web pages and other promotional materials produced, used by and representing GymNation Gymnastics or Jump To It Trampoline . I understand the circulation of the materials could be worldwide and that there will be no compensation to me for this use.

Date _____ Signature of Parent or Guardian (if under 18) _____

Method of payment: E-Transfer _____ Credit card _____ Cash/cheque _____

Office use only:

Deposit received: Yes _____ Remaining balance received: Yes _____

What you need to know before your party

Ages:

5 years and older - Due to restrictions, all attendees will need to be 5 years of age or older. Parents are not permitted at this time with the exception of the party child parents or host. It is a coach led party with instruction.

Attire:

Kids should wear comfortable clothing, No jeans, jewelry, belts or dresses. Sock feet is preferred. Hair tied back, no gum or food on the floor, just bring energy for fun!

Payment:

A party is not confirmed until full payment is made. Payments can be made by cash, credit card over the phone or e-money transfer to gymnationclub.com

Refunds due to cancellation:

A \$50 deposit is required and is non-refundable in the case of cancellation. Otherwise the deposit will be put toward your full amount owing.

Birthday Party Rules and Regulations:

- ◆ Party-goers must be at within 1-2 years of the birthday child and all over the age of 5 years.
- ◆ Parents are not permitted on the gym floor and only the party hosts (2 minimum) are permitted.
- ◆ Children must remain with and listen to the coach at all times.
- ◆ Participants may not be in the gym area without a coach.
- ◆ No food or drink or gum is permitted in the gym area.
- ◆ Children must dress in cool, comfortable clothing. No jeans, belts or jewelry. Hair must be tied back and shoes are to be left outside the gym area in the waiting room.
- ◆ Children should bring their own water bottle.
- ◆ There is a no tolerance policy on profanity.
- ◆ Alcohol, cigarettes or e-cigarettes (Vapes) are not permitted on the premises.

COVID RULES

Masks must be worn entering and exiting the facility as well as any common areas and the party room. Masks may be removed to eat.

An area is designated for hanging masks while on the gym floor,

Children who are on the gym floor will not need a mask but will have to wear one while in any common areas or in the party room,

Sanitizers are placed throughout the gym. Everyone will need to sanitize while entering the facility, just before coming onto the gym floor and after the class is done.

The gym is fogged and wiped down with an approved and safe, yet effective disinfectant before and after each party,

All persons entering the gym must self assess before entering and sign in,

Anyone feeling sick or exhibiting any two of the COVID-19 symptoms must remain at home.

Gymnastics Nova Scotia requires all clubs to register all party attendees for insurance purposes. Please provide the full names of all the children who will be attending on the day of the party. We will require an estimated number 24 hours prior.

Please indicate if any child has any medical conditions.

Children must be at least 5 years old to attend.

Child's First Name

Child's Last Name

1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____

Special Notes:

Forms may be emailed to gymnationclub@gmail.com along with a \$50 deposit.

Parties are not confirmed until deposit has been paid. Payment can be made via email money transfer to gymnationclub@gmail.com or via credit card over the phone.