



BIRTHDAY PARTY DETAILS AND FORMS

Length of party: 1 hour and 45 minutes
One hour of basic gymnastics, games and fun.
45 minutes in the party room.



Party Times: Saturdays at 12:30pm-2:15pm and 2:45pm-4:30pm (The earlier time will be booked first)

We supply the coach, napkins, plates, utensils, tablecloths and the party room. you can bring in your own food. Water bottles can be purchased for \$1.00 a bottle or you may bring in your own.

Ages: Birthday Child must be at least 4 years old. Participants must be within 2 years of the birthday child.
Participants who are 4 or younger must have a parent in the gym with them.

Party Packages:

Basic Package:

\$150+tax for up to 10 children.
\$5.75 Incl tax each additional child.

Includes: Coach, decorated party room,
plates, cups, utensils, napkins,
tablecloths.

Pizza Package:

\$175+tax for up to 10 children. \$7.75 Incl tax each
additional child.

Includes 2 large 16" Pepperoni and cheese pizzas, juice
boxes, coach, decorated party room, plates, cups,
utensils, napkins, tablecloths.

Add \$15 for each additional pizza if needed.
Pizzas are supplied by Pete-Za Perfect

Attire:

Kids should wear comfortable clothing, No jeans, jewelry, belts or dresses. Sock feet is preferred. Hair tied back, no
gum or food on the floor, just bring energy for fun!

Payment: A party is not confirmed until full payment is made. Payments can be made by cash, cheque or e-money
transfer to gymnationclub@gmail.com

Refunds due to cancellation: A \$50 deposit is required and is non-refundable in the case of cancellation. Otherwise
the deposit will be put toward your full amount owing.

To book: Download a copy of the birthday party form below, fill out and return with deposit payment via email
to gymnationclub@gmail.com or drop by the club during office hours.

Refunds due to cancellation: A \$50 deposit is required and is non-refundable in the case of cancellation. Otherwise
the deposit will be put toward your full amount owing.

Gym Rules

- There is no food or gum permitted in the gym area.
- Registered gymnasts only are permitted in the gym area. Sorry... parents must stay in the waiting area or
party room. (There will be no parent viewing for this season due to COVID.)
- Alcohol, cigarettes, and e-cigarettes are not permitted on the premises.
- Children must stay within the party group in the gym and follow the instructions of the coach. Anyone who
cannot follow the rules of the gym will be asked to leave the gym floor.

Birthday Party Form – A \$50 non-refundable deposit is required to book.

Birthday Child's Name _____ Age _____ D.O.B. _____

Parent/Guardian 1 Full Name _____

Phone _____ Email: _____

Parent/Guardian 2 Full Name _____

Phone _____ Email: _____

Address _____ City _____ Prov _____ PC _____



Date of Party _____ Time: _____

Number of children attending: _____

Party Package: (Please Circle) Basic Pizza

I am the parent or legal guardian of _____ (name of child). I acknowledge that Jump To It Trampoline and Tumbling and GymNation Gymnastics is operating out of GymNation Gymnastics, 32 Park Rd. Unit #3. Elmsdale, N.S. for the purpose of gymnastics and trampoline activities. I agree to my child participating in the gymnastics, party, camp and/or trampoline activities being carried out under the supervision of the GymNation Gymnastics in the aforementioned facility. I understand and confirm that the GymNation Gymnastics and Jump To It Trampoline shall have no responsibility or liability should any loss or injury be suffered by my son or daughter while participating in such gymnastics, party, camp and/or trampoline activities, to be carried out under the supervision of GymNation Gymnastics and Jump To It Trampoline staff. In return for the GymNation Gymnastics permitting the use of the facility during the season specified on the registration form or date specified on the birthday party invitation, which license also includes permitting members of the GymNation Gymnastics or Jump To It Trampoline (of which my son or daughter is a member or invited guest) to use the facility, I HEREBY FOREVER RELEASE AND DISCHARGE the GymNation Gymnastics and Jump To It Trampoline staff and officers, including their respective board members, officers, employees, agents, and successors from and against all manner of claims, demands, actions suits, legal proceedings or damages which I or my child, or both, may have any loss or injury which may arise out of which is in any way related to my child's participating in the gymnastics or trampoline activities referred above.

I also assume responsibility and liability for all the participants who will be attending the party with my child. I confirm that each participant has parental consent to attend the above indicated party.

Date _____ Signature of Parent or Guardian _____

Date _____ Signature of Parent or Guardian _____

MEDIA WAIVER (Optional) GymNation Gymnastics and Jump To It Trampoline has my permission to use my child's photograph, video and audio recordings, likeness, artwork, profile and/or story on their web pages and other promotional materials produced, used by and representing GymNation Gymnastics or Jump To It Trampoline. I understand the circulation of the materials could be worldwide and that there will be no compensation to me for this use.

Date _____ Signature of Parent or Guardian (if under 18) _____

Method of payment: E-Transfer _____ Credit card _____ Cash/cheque _____

Office use only:

Deposit received: Yes _____ Remaining balance received: Yes _____

Parties are not confirmed until deposit has been paid. Payment can be made via email money transfer to gymnationcub@gmail.com.

Gymnastics Nova Scotia requires all clubs to register all birthday party attendees for insurance purposes. Please provide the full names of all the children who will be attending.

Please indicate if any child has any medical conditions.

Children must be at least 5 years old to attend.

Child's First Name

Child's Last Name

Parent Contact #

1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____
13. _____	_____	_____
14. _____	_____	_____
15. _____	_____	_____

Special Notes:

Forms may be emailed to gymnationclub@gmail.com or faxed to 902-883-1217. The list of names does not need to be passed in until the day of the party.