

CLASSES		AGE CATEGORIES						
RECREATIONAL		MON	TUE	WED	THU	FRI	SAT	SUN
Rebound Therapy						REBOUND		
Ptot	18 mths - 3 yrs		9:30am-10:15am	4:30-5:10			9:00am-9:45am	
Pre-school	3yrs-4 yrs	5:00-5:50		4:30-5:20			9:00-9:50	
Junior Tumbling	5yrs - 6yrs			4:30-5:20				
Juniors	5yrs - 6 yrs	6:00-6:50	4:30-5:20	5:30-6:20	4:30-5:20, 6:30-7:20		10:00-10:50	
Juniors	7yrs -9 yrs	6:00-6:50	6:30-7:20	5:30-6:20	5:30-6:20		10:00-10:50, 11:00-11:50	
Boys	7yrs-12yrs		5:30-6:20					
Seniors	10-12 yrs			6:30-7:50			11:00-12:20	
Team Sport Conditioning (<i>Call for info</i>)			7:30-9:00		7:30-9:00			
TRAMPOLINE (<i>Recreational and Competitive</i>)								
Beginner Trampoline and Tumbling	7 - 12 yrs	5:00-5:50						
Intermediate Level 1 or age appropriate	7-10 yrs	6:00-6:50		6:00-6:50				
Intermediate - Level 2 or age appropriate	11-15 yrs	7:00-8:20		7:00-8:20				
COMPETITIVE								
Developmental (3 hrs/week)	5yrs - 6 yrs		3:30-5:00		3:30-5:00			
Pre-competitve (6-9 hrs/week)	7-8 yrs		3:30-6:30		3:30-6:30			3:30-6:30
Team (12 hrs/week)	8+ yrs		3:30-7:30		3:30-7:30			3:30-7:30